



2011 Journey to Wellness Fitness Challenge

State Employee Paper Process **SparkStreak** Entry Form

Name	
State email address	@ky.gov
Work phone number	

Fill out your daily fitness activity and time by each date in the table below. Entry must be received by Tuesday September 6, 2011

Date	Activity	Time	Date	Activity	Time
7/10/11			8/4/11		
7/11/11			8/5/11		
7/12/11			8/6/11		
7/13/11			8/7/11		
7/14/11			8/8/11		
7/15/11			8/9/11		
7/16/11			8/10/11		
7/17/11			8/11/11		
7/18/11			8/12/11		
7/19/11			8/13/11		
7/20/11			8/14/11		
7/21/11			8/15/11		
7/22/11			8/16/11		
7/23/11			8/17/11		
7/24/11			8/18/11		
7/25/11			8/19/11		
7/26/11			8/20/11		
7/27/11			8/21/11		
7/28/11			8/22/11		
7/29/11			8/23/11		
7/30/11			8/24/11		
7/31/11			8/25/11		
8/1/11			8/26/11		
8/2/11			8/27/11		
8/3/11					

Please mail to:

Tracie Meyer

KY Personnel Cabinet, D.E.I. 2nd Floor

Frankfort, KY 40601